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References for Families and Individuals Dealing with Addiction

Alcoholism

VIDEO

PBS Series: Bradshaw On: The Family

BOOKS

Bradshaw On: The Family

by John Bradshaw

Healing the Shame that Binds You

by John Bradshaw

Family Secrets: The Path to Self-Acceptance

by John Bradshaw

Healing the Child Within: Discovery & Recovery for Adult Children of Dysfunctional Families.

by Charles Whitfield, M.D.

Another Chance: Hope & Health for the Alcoholic Family

by Sharon Wegscheider-Cruse

The Miracle of Recovery: Healing for Addicts, Adult Children & Codependents

by Sharon Wegscheider-Cruse

Alcoholics Anonymous Big Book

Alcoholics Anonymous Twelve Steps & Twelve Traditions

Women Who Love Too Much: When you Keep Wishing and Hoping He'll Change

by Robin Norwood

The Alcoholic Family

by Peter Steinglass, M.D.

Adult Children of Alcoholics

by Janet Woititz, Ed.D.

I'll Quit Tomorrow

by Vernon Johnson

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Sexual Addiction

Out of the Shadows: Understanding Sexual Addiction
by Patrick Carnes, Ph.D.

Don't Call it Love: Recovery from Sexual Addiction
by Patrick Carnes, Ph.D.

The Betrayal Bond: Breaking Free of Exploitive Relationships
by Patrick Carnes, Ph.D.

Contrary to Love: Helping the Sexual Addict
by Patrick Carnes, Ph.D.

Sexual Anorexia: Overcoming Sexual Self Hatred
by Patrick Carnes, Ph.D.

Recovery Zone: Making Changes that Last
by Patrick Carnes, Ph.D.

In the Shadows of the Net: Breaking Free from Compulsive Online Sexual Behavior
by Patrick Carnes, Ph.D.

Women, Sex, and Addiction: A Search for Love and Power
by Charlotte Davis Kasl, Ph.D.

Ready to Heal: Women Facing Love, Sex and Relationship Addiction
By Kelly McDaniel

Money Addiction

Money Drunk, Money Sober; 90 Days to Financial Freedom
by Mark Bryan, Julia Cameron

A Currency of Hope
by Debtor's Anonymous

How to Get out of Debt, Live prosperously: Based on the Proven Principles & Techniques of Debtors Anonymous
By Jerrold Mundis

Your Money or Your Life
by Vicki Robin, Joe Dominguez & Monique Tilford

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Life After Debt

by Benjamin Dover, Sharon Halberg, Linda Vanderwold

Letting Go of Debt

by Karen Casanova

Religious Addiction:

When God Becomes a Drug: Book 1; Understanding Religious Addiction & Religious Abuse

By Father Leo Booth and John Bradshaw

Toxic Faith

by Stephen Arterburn & Jack Felton

The Wisdom of Letting Go: The Path of the Wounded Soul

by Father Leo Booth

Addiction in General:

Codependent No More, How to Stop Controlling Others and Start Caring for Yourself

by Melodie Beattie

Craving for Ecstasy and Natural Highs: A Positive Approach to Mood Alteration

by Harvey Milkman & Stanley Sunderwirth